



# MEMORIAL MESSENGER

## Inside this Issue:

From the Pastor's Desk	2
Clerk's Corner	3
Stewardship Update	3
June Announcements	9
June Worship Duty	11
Kids Activity	12
Known Joys and Concerns	13
Birthdays and Anniversaries	13
Calendar	14

## Latest News

The Urban Mission item of the month for June is Peanut Butter. Please place your donation in the box by the church information table.

## Community News

The Norman Chapter of Parents Helping Parents will meet on Thursday, June 8 at 7 PM at the Education Center at Norman Regional Hospital, 901 North Porter in Norman.



## From the Pastor's Desk

Dear Friends,

Memorial Day weekend has just passed, which has become the unofficial beginning of summer.

Summer tends to mean a change of pace. Days are longer and school is out for summer. Even if you aren't directly affected by a break in school, you will likely notice changes in our community. Traffic patterns are different. Gone are the sweaters and hot chocolate. Stores focus on outside activities like cookouts, water activities and camping.

Times of breaks, vacations, or time off can be helpful for restoration of body, mind and soul. We need these times. God modeled time off for us by taking a sabbath, a day's rest after six days of work and toil.

These breaks in routine are times of interlude, times of preparation, a time of pause and refreshment and renewal. We need them as we head into a new space, start a new adventure, or cross a boundary into unfamiliar but nevertheless God-beloved territory.

We need these times of rest where God can restore us and refresh us. Perhaps they are not just times of break, but times that God is preparing us for what may come next? I can't say what God has in store for us as a congregation, or for your family, or for you. But I know that the Holy Spirit is at work in us all; we need just receive it.

What are you doing to foster a time of rest that will allow the Holy Spirit to work in you?

This Sunday we will celebrate the Holy Spirit coming through the multitudes of gathered believers after Jesus' death. It was the beginning of the church. The worship committee has planned a special worship service and you won't want to miss it.

You are invited to wear red, the traditional color of Pentecost, this Sunday.

I look forward to seeing you in worship this summer!

Grace and peace,

Tracy

## Clerk's Corner

News from the Session meeting of May 16, 2017

Assistant Clerk Michael Yeager presented for approval the minutes of two Session meetings, April 18 and April 19 (virtual). Both were approved. A report was delivered on the Suicide Prevention Training held in Fellowship Hall on May 15.

Moderator Tracy Evans led the Session in a discussion of "Systems", continuing the Pathways study. Rev. Evans also advised the Session on her upcoming absences and suggested a theme of "Hunger" for next year's special focus beginning in the fall.

Among the committees reporting, Stewardship continues to monitor income and expenditures to maintain a positive balance, Christian Education announced the title (Abundance Orchard) and dates (July 24-27) for Vacation Bible School, Mission and Evangelism reminded Session of the Habitat for Humanity volunteer opportunity on May 20, and Building and Grounds are receiving bids on replacing some outside doors.

Representing the Deacons at the meeting was Breanna Upton who reported on the progress of the clothing collection for Cameroon. Deacon Upton also brought a request for the Session to help define goals and purpose of the Fellowship and Hospitality Committee.

Following the announcement that there would be no meeting in June, the Session meeting was adjourned with prayer. -Michael Yeager, Assistant Clerk

### Stewardship Update April 1 to April 30, 2017

	<b>Actual YTD</b>	<b>Budget YTD</b>	<b>2017 Budget</b>
<b>Pledges</b>	\$66,550.00	\$64,583.30	\$155,000.00
<b>Other Income</b>	\$4,524.28	\$4,583.30	\$11,000.00
<b>Total Income</b>	\$71,074.28	\$69,166.60	\$16,000.00
<b>Total Expenses</b>	\$75,086.49	\$78,966.35	\$189,521.00

Memorial Presbyterian Church accepts **online donations** through a partnership with the Presbyterian Foundation, via the Presbyterian Mission Exchange. Look for the "Give Now" button on our



website, [www.memorialpres.org](http://www.memorialpres.org), or scan the QR code below. Recurring or one-time donations may be made by credit/debit card or by direct transfer from your bank account (EFT). We will continue to accept cash and checks as well.

## BEHIND THE SCENES

In scripture Jesus said, "Suffer the little children to come unto me." But sometimes it is the little child who is suffering during worship, so mom or dad or big sis whisks the wee one off to the nursery.

Memorial has two faithful nursery attendants and several volunteers who serve as backup. Four-year attendant Cassie Upton got started in the nursery when she was the only one who could get a crying baby to stop (the baby could be heard by worshippers at the back of the sanctuary). Cousin Devyn Upton also works in the nursery. Cassie and Devyn rock babies, change diapers, and play with toddlers. Even though these ladies are remunerated for their time, we should let them know that we appreciate what they do for our Memorial family. These are a few of the many who work behind the scenes at Memorial. Thanks be to God!

## MAY 21ST DEACONS' MEETING PRESENT

Breanna Upton, Eileen Burke, Grace Tamukong, Holly Van Auken,  
Ann Forsyth, Doris Hinson, Loreen Upton

## OPENING PRAYERS OF FLOCK CONCERNS

## MINUTES READ AND APPROVED

## SESSION REPRESENTATIVE TRUDY BEARD

- Spoke briefly, asking "Is it OK for Deacons to take the Prayer Chain under their domain?"

## REPORTS

- Co-chairs Ann Forsyth and Trudy Bradley said Fellowship and Hospitality needs a statement to clarify its purpose. They will prepare the statement for review at the next Deacons' meeting.
- July 11th F & H is planning a hot-dog/hamburger cook-out. Lorene Upton will pick up buns and meat for Larry Upton to cook. Ann Forsyth posted the event with decorated paper where the congregation may sign up to bring sides, etc. New members of F & H are Diane Johnson, Georjana Mauldin, and JoBeth Bailey.
- Kids Club Sponsor Holly Van Auken displayed a large poster the children decorated with their hand prints, flowers and love messages that will be placed in the Orphanage box to be sent in late May.

## CLOSING

- No meeting in June  
Grace Tamukong led the closing prayer and song.

Doris Hinson, Secretary

# 'We are not dying. We are Reforming.'

## SIGNIFICANT ASPECTS OF THE 2016 STATISTICAL REPORT

MAY 24, 2017



Office of the  
General Assembly

REV. J. HERBERT  
NELSON, II

Stated Clerk of the  
General Assembly

**We are moving towards a new future as a denomination.** Membership loss, which was experienced since the 1970s, is slowing down. Congregations are refocusing on their mission. Mid councils are experimenting with ways to provide meaningful leadership in challenging times. Congregations are celebrating both anniversaries and new beginnings. Young adults are asserting their desires to serve in both domestic and international mission. Despite cries proclaiming the death of the Presbyterian Church (U.S.A.), we remain a viable interfaith and ecumenical partner in many local communities while proclaiming a prophetic witness throughout the world. Our eulogy as a denomination has been written too soon, because God's Kingdom has not yet come. We are engaged both in the United States and around the globe. We are well-respected for our priestly and prophetic voice within Christendom. Our challenge is to see the powerful opportunities that are before us while declaring with Holy Spirit boldness that God is doing amazing work within us right now.

**We have much more than we recognize.** It is my hope that initially we will make bold moves to embrace the communal nature of our theology and practice. I want to encourage mid councils to implement strategies to move congregations categorized as

"Fellowships" to the status of chartered congregations, particularly when they have met membership requirements to charter. Many racial ethnic immigrant congregations are classified as "Fellowships." These congregations are participating in the PC(USA), but are not fully brokered into the membership of the denomination. They are not required, in most instances, to pay per capita, while remaining non-voting members of presbyteries. This "half-in/half-out" status creates a perceived, racially motivated compromise that limits full participation even when many of these congregations outnumber by large margins long-term member congregations. My international travel offers clarity related to the new evangelism field of immigrants that know well the mission of the Presbyterian Church (U.S.A.). We should embrace these immigrants with a sense of kinship while recognizing their long-term familiarity and association with our missionary work. Immigrants are not strangers. Therefore, we must not categorize immigrants as such through existing membership double standards. They are Presbyterians and should be accepted and embraced as we do all Presbyterians. This effort alone could demonstrate our intentionality towards fulfilling our failed commitment to increase racial ethnic participation 20 percent by 2010.[1]

**God through Jesus Christ awaits our commitment.** As we are challenged to become a more racially diverse denomination in order to grow into the future, it is imperative that we invite new immigrants into our congregations as members; connect with those who benefitted from our ministry partnerships across the globe; hear the voices of our youth and young adults regarding their vision for the future of the church; train a new generation of leaders; and creatively engage in inviting people to a transformative experience in our worship and mission. Take the risk of asking those persons in your midst (both members and nonmembers) the question Jesus ask Bartimaeus "What do you want me to do for you?" (Mk. 10: 51). This question has power when offered in love.

I pray that a move of the Spirit will come over us in this new period of reform. Claiming persons to both experience the joy of fellowship and the faith within the Presbyterian Church (U.S.A.).

---

[1] Resolution on Racial Ethnic New Church Development and Redevelopment, *Minutes*, 1996, Part I, p. 378, paragraph 33.148.



## COMFORT MY PEOPLE

## FOCUS ON MENTAL HEALTH

# Mental Health Facts IN AMERICA

**Fact:** 43.8 million adults experience mental illness in a given year.



1 in 5 adults in America experience a mental illness.



Nearly 1 in 25 (10 million) adults in America live with a serious mental illness.

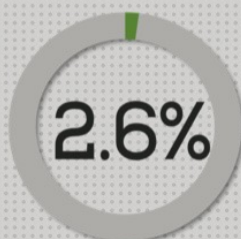


One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

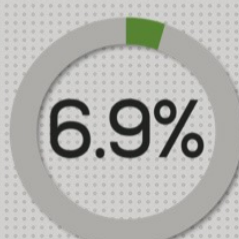
## Prevalence of Mental Illness by Diagnosis



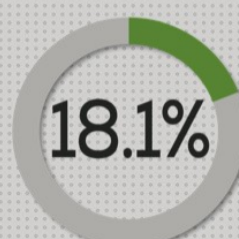
1 in 100 (2.4 million) American adults live with schizophrenia.<sup>1</sup>



2.6% (6.1 million) of American adults live with bipolar disorder.<sup>1</sup>



6.9% (16 million) of American adults live with major depression.<sup>1</sup>



18.1% (42 million) of American adults live with anxiety disorders.<sup>1</sup>



## COMFORT MY PEOPLE

## FOCUS ON MENTAL HEALTH

# Mental Health Facts IN AMERICA

## Consequences



### 10.2m

Approximately 10.2 million adults have **co-occurring** mental health and addiction disorders.<sup>1</sup>



### 26%

Approximately 26% of **homeless** adults staying in shelters live with serious mental illness.<sup>1</sup>



### 24%

Approximately 24% of **state prisoners** have "a recent history of a mental health condition".<sup>2</sup>

## Impact



### 1st

Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.<sup>1</sup>



### -\$193b

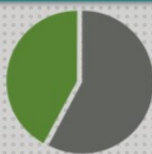
Serious mental illness costs America \$193.2 billion in lost earning every year.<sup>3</sup>



### 90%

90% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the U.S.<sup>3</sup>

## Treatment in America



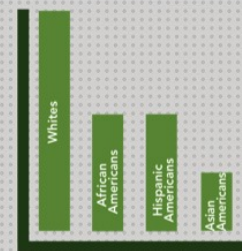
### 60%

Nearly 60% of adults with a mental illness didn't receive mental health services in the previous year.<sup>4</sup>



### 50%

Nearly 50% of youth aged 8-15 didn't receive mental health services in the previous year.<sup>1</sup>



African American & Hispanic Americans used mental health services at about 1/2 the rate of whites in the past year and Asian Americans at about 1/3 the rate.<sup>1</sup>



COMFORT MY PEOPLE

FOCUS ON MENTAL HEALTH

# Mental Health Facts IN AMERICA

## Ways to Get Help



Talk with  
your doctor



Connect with other  
individuals and families



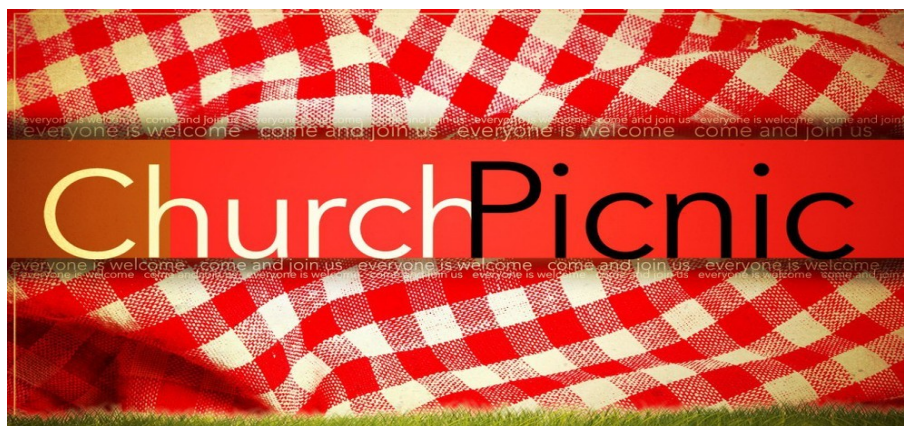
Learn more about  
mental illness



Visit  
NAMI.org



**You are invited to a picnic following worship on Sunday, June 11.** Sign up  
in the hallway to bring a side or dessert.



**Would you like to assist with Vacation Bible School?**

There will be a planning meeting Tuesday, June 6 at 5:30. Contact Jessica Farris  
or Tracy Evans for more info.

# Vacation Bible School

**July 24-27**  
**6-8pm**

601 24<sup>th</sup> Ave. SW  
Norman, OK 73069

<http://www.memorialpres.org>



## June Worship Duty Schedule

Head Usher: Tim Thiessen

### June 4

Ushers: Mike and Karen Girdner

Communion Servers: Ann Fayles, Donna Vint , Eileen Burke and Trudy Beard

Coffee: Lisa Upton & Trudy Beard

Sound Booth: Karen Upton

Acolyte Assistant: Lisa Upton

Nursery Assistant: Susan Beck

Lock-up: Trudy Beard

### June 11

Ushers: Karen and Paul Upton

Coffee: Breanna Upton & Linda Eckel

Sound Booth: Will Farris

Acolyte Assistant: Joan Cole

Nursery Assistant: Trudy Beard & Karen Girdner

Lock-up: Mike & Joan Cole

### June 18

Ushers: Tim and Jona Thiessen

Coffee: Loreen Upton

Sound Booth: Mike Cole

Acolyte Assistant: Trudy Beard

Nursery Assistant: Donna Vint

Lock-up: Charlotte Lovett

### June 25

Ushers: Carolyn Montgomery and Harold Conner

Coffee: Holly Van Auken & Esau Jangha

Sound Booth: Mike Girdner

Acolyte Assistant: Karen Girdner

Nursery Assistant: Linda Eckel

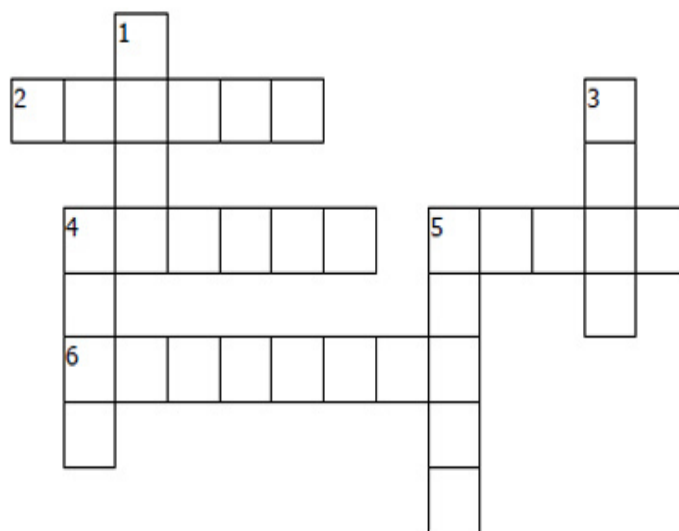
Lock-up: Doug Forsyth



# The Day of Pentecost

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Acts 2:4 (NIV)

Based on Acts 2:1-21



## ACROSS

2. A being that cannot be seen, like a ghost
4. The place where God lives
5. Something that can be heard
6. Means of communication used by the people of a particular country

## DOWN

1. A destructive burning
3. Blowing air, especially that which would move the leaves on a tree
4. Something that is pure and good, such as God's Word
5. To say words, to use the voice

LANGUAGE	FIRE	HOLY	WIND
SPIRIT	HEAVEN	SOUND	SPEAK

## Known Joys and Concerns

### Those who seek healing

Gene Bergstresser  
 Lola Carroll  
 Sandy Clarke  
 Janice Crump  
 Doug Forsyth  
 Dave Iske  
 Tamara Iske  
 Alice Lanning  
 Jayelle Martin  
 Gerry Harner (Joan Cole's mother)  
 Vivian Carpenter & Husband  
 Denise Jones (Jayelle Martin's daughter)  
 Jan Ferguson ( friend of Georgiana Mauldin)

### Those who Experienced Recent Loss

Jim & Linda Rodriguez whose daughter-in-law died April 25.

### Joys

Millie Yates Klenda born April 27 to Michael and Rachel (Forsyth) Klenda

### Seminary Student

Samuel McCann, Pittsburgh Theo. Seminary

We lift up in prayer the country of Cameroon and pray for the unrest our brothers and sisters are experiencing there.

In an effort to stay apprised of our on-going prayer concerns, prayer requests of those outside the MPC family will stay on the concerns list for one month. Please let the office know if there is a need to be listed longer.

## June Birthdays

2	Doris Hinson
9	Briana Bliss Todd Forsyth
11	Paul Phelps
12	Cassandra (Cassie) Upton
14	Lyne-Maris Sama
16	Zyan Autry
18	Paul Upton
22	Kierstyn Upton Carolyn Montgomery
25	Judd Lanning
27	Rod Pennington
28	Linda Rodriguez
29	Corey Fisher Gary Thrailkill

## June Anniversaries

5	Larry & Loreen Upton
5	Rachel & Michael Klenda
8	Dave & Tamara Iske
15	Wade & Amanda Forthman
18	Doug & Ann Forsyth

# June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Tri Presbytery Meeting in Enid	3 Tri Presbytery Meeting in Enid
4 PENTECOST	5 7:00 P.M. Boy Scouts	6 5:30 pm VBS Meeting 7:00 P.M Fellowship & Hospitality Meeting @ Cheddars	7 6:30 P.M. Chancel Choir	8	9	10
11 12:00 P.M Church Picnic	12 7:00 P.M. Boy Scouts	13	14 6:30 P.M. Chancel Choir	15	16	17
18 5:30 P.M. Stewardship Meeting	19 7:00 P.M. Boy Scouts	20	21 6:30 P.M. Chancel Choir	22	23	24
25	26 7:00 P.M. Boy Scouts	27	28 6:30 P.M. Chancel Choir	29	30	